

# BETRAYAL TRAUMA HEALING MENTOR



When  
God  
Spins  
A  
Yarn

Hope in a Tangled Mess



Janice is a Christian, divorced, single mom of 3 boys (2 adults, one teen). She is a Betrayal trauma survivor and is passionate about helping women understand and heal from partner infidelity and other relationship traumas.

She helps women understand what Betrayal Trauma is, how it can affect them, and what steps they can take to find healing.

When working with Janice you will find comfort, understanding, and a safe place to talk and process what did happen (or is happening) in your relationship.

At When God Spins a Yarn, we believe that healing comes, ultimately, from knowing who God is, who he says you are, and embracing that truth. We conquer the harmful lies trauma has told with truth from God's Word.

While we believe in the sanctity of marriage, we also believe the physical, mental and spiritual safety of the individuals in that marriage are more important than the institution itself.

## 1 Experience

Janice lived with betrayal trauma during the majority of her 22 year marriage. She has experienced the pain of that as well as the process of understanding and healing from it. She has been through several years of therapy herself, as well as done her own research and studying of the subject via people such as Dr. Sheri Keffer (CCPS,CSAT) Her next goal is to complete certification as a CCPS/Trauma informed councilor

## 2 Engagements

Janice's main spiritual gift is Mercy, and God has led her to use it to be a support and healing mentor to personal friends as well as others who have crossed her path.

She has spoken at both virtual and in person women's retreats in 2021 and 2022. She is one of the Mentors serving in the Faith Mama's Tribe App (Women's Christian Bible study and community app.)

Janice was a guest speaker on the "Live, Laugh and Learn with Mary" podcast, on the subject of trauma healing, and recently began hosting her own podcast.

## 3 What others are saying

*"Janice has truly helped me in my faith when I've gone through some tough times, like my recent divorce. She has encouraged me, helped me find scriptures that comfort me, prayed for me, and given me Godly guidance when needed ~ Heather Tourtellotte*

*"This is so on time! I practiced {using gentle words} the other day when speaking to my husband about something and we were able to make much more headway because of it. Gentle words brought a calm and peace to the situation." ~ Dawnita Jackson*

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### What others are saying (cont.)

"Janice is a beautiful person. She is straightforward and honest without being mean. Knowledgeable and very insightful without being judgemental. And my personal favorite: funny without being crass, and sweet in spite of living with a past full of pain and betrayal, and a present that still has difficulties. She's a great friend and I'm so lucky she's a part of my life." ~ Karina

"Janice is very devoted to her church, sensitive, honest and insightful. She is always willing to help those in need."  
~ Nicole

"Janice's ministry and passion is to see women set free of whatever issue has held them captive and lifting them up to grab hold of the savior Jesus Christ ~ Margaret

"Janice has a heart of compassion and a drive for healing and change. She uses her own personal testimony to walk alongside others in their darkest, lowest moments while also modeling the joy and hope that's on the other side. She shares how she has overcome with Christ at the center of her life. Her specialty in and knowledge of purpose in pain has touched the lives of so many to help walk them through trauma to triumph! I love Janice Michele!" ~ LaNita Dennis-Ramsey

"Janice is a committed follower of Jesus and a gifted orator. She is transparent, relatable, non-judgemental, resilient, rich in knowledge, faithful to God and joyful in all circumstances, and has many life experiences from which she draws wisdom and understanding. ~ Shannon Mundy

### References:

June Murray: (828) 284- 7322

Christina Pierre-Louis: (828) 772-6308

Tina Chambers-Smith: Tina@RaisingKidsOnYourKnees.org

Dominique Young: Dominique@faithmamas.com

Nancy Cooper: (828) 768-0711

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### What the ministry offers:

#### Our Services:

Group and individual mentoring programs  
Individual mentoring sessions  
Video lessons  
Resource lists for healing, shelters and daily practical helps

#### Our Products available:

Scripture notecards  
"God says I am..." keychains  
Healing reminder quotes apparel



Janice Michele

Betrayal Trauma Healing Mentor

#### Where to find us:

Website: [JaniceMichele.com](http://JaniceMichele.com)  
Facebook: [When God Spins A Yarn](https://www.facebook.com/WhenGodSpinsAYarn)  
Instagram: [@godsspun yarn](https://www.instagram.com/godsspun yarn)  
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